University of Missouri’s Show-Me ECHO has created a Developmental Disabilities ECHO to support primary care providers and others who serve adult patients. An interdisciplinary team of expert physicians, pharmacists, behavioral analysts, social workers and family advocates has been formed to assist care providers throughout the state in learning more about effective strategies, resources, support services and optimal psychiatric care practices.

HOW DOES IT WORK?
Participants will join an interactive online video conference twice per month. They will share and discuss clinical cases related to such topics as: successful office visits, behavior basics, function assessment, nonverbal patients, identifying mental illness, substance use, recognizing abuse and trauma, polypharmacy, psychopharmacology, misdiagnosis, explosive patients, the role of the caregiver, nutrition and care coordination.

WHAT DOES THIS ECHO OFFER?
• No cost continuing education for professionals
• Collaboration, support and ongoing learning with specialist physicians and other experts
• Patients get better care in their community
• No cost to participating sites or individuals
TOPICS FOR CASE-BASED LEARNING AND DISCUSSION:

- Polypharmacology
- Managing antipsychotic side effects
- Environmental influences on behavior
- Functional assessment/treatment
- Data collections/objective measurements
- Care coordination
- Overview of developmental disability service system and terminology
- Recognizing symptoms of mental illness
- Approaching patients with mental status
- How to deal with explosive patients
- Review of best practices and treatments for patients with attention deficit disorder
- Successful office visits: Practicalities of appointments with challenging patients
- Nutrition and food allergies
- Abuse/trauma
- Substance uses
- Missed/overlooked ADHD in adults

WHAT IS SHOW-ME ECHO?

Show-Me ECHO at the University of Missouri is designated as an international SuperHub, meaning the founding ECHO program at the University of New Mexico has certified MU to train other organizations that want to adopt the ECHO model.

In addition to developmental disabilities, Show-Me ECHO addresses such pressing health issues as asthma, autism, opioid use, HIV, Hepatitis C, pain management, genetics, hypertension, diabetes, oral health, kidney disease, high-risk obstetrics and neonatal abstinence syndrome.

TO LEARN MORE:
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