

SHOW-ME ECHO

(Extension for Community Healthcare Outcomes)

PAIN MANAGEMENT ECHO



TAKING INTERDISCIPLINARY PAIN MANAGEMENT INTO PRIMARY CARE

Learn to improve outcomes and reduce risk of harm for people with chronic pain through an interdisciplinary model of care. Participants will share their expertise on such subjects as:

- Deepening the understanding of pain as a complex phenomenon with biological, behavioral, social and psychological elements.
- Expanding a repertoire of evidence-based tools for managing pain.
- Facilitating collegial consultations and relationships among participants to improve pain management in the community.

HOW DOES IT WORK?

Participants will join an interactive online video conference twice per month. They will share and discuss clinical cases related to such topics as: patient-provider relationships, motivational interviewing, the mind-body unit, trauma as a source of emotional pain, communicating with difficult patients, what physical therapy can do in pain management, CBT for chronic pain, sleep disorder, fibromyalgia, meditation, mindfulness, psychological assessments, chronic back pain, substance use and emerging treatments.

WHAT DOES THIS ECHO OFFER?

- No cost continuing education for professionals
- Collaboration, support and ongoing learning with specialist physicians and other experts
- Patients get better care in their community
- No cost to participating sites or individuals



READY TO JOIN?

Visit showmeecho.org



Missouri Telehealth Network

University of Missouri Health

TOPICS FOR CASE-BASED LEARNING AND DISCUSSION:

- Chronic Pain Stigma
- Patient-Provider Relationships
- Motivational Interviewing
- Communicating with Difficult Patients
- The Mind-Body Unit
- Trauma as a Source of Emotional Pain
- Physical Therapy in Pain Management
- Cognitive Behavioral Therapy (CBT)
- Sleep Disorders
- Chronic Pain Fibromyalgia
- Acceptance and Chronic Pain
- Psychological Assessment of Chronic Pain
- Meditation, Mindfulness and Reiki
- Comorbid Psychiatric Disorder
- Substance Use in Chronic Pain
- Emerging Treatments
- Chronic Back Pain
- Exercise for Upper/Lower Extremities
- Opioid Use Disorder and Chronic Pain Management: Collaborating ECHOs

WHAT IS SHOW-ME ECHO?

Show-Me ECHO at the University of Missouri is designated as an international SuperHub, meaning the founding ECHO program at the University of New Mexico has certified MU to train other organizations that want to adopt the ECHO model.

In addition to pain management, Show-Me ECHO addresses such pressing health issues as asthma, autism, opioid use, developmental disabilities, HIV, Hepatitis C, genetics, kidney disease, hypertension, diabetes, oral health, high-risk obstetrics and neonatal abstinence syndrome.

MEET OUR TEAM



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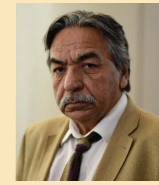
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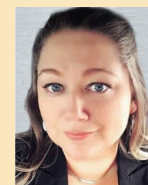
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