SHOW-ME ECHO
(Extension for Community Healthcare Outcomes)

TRAUMA-INFORMED SCHOOLS

The Missouri Model for Trauma-Informed Schools

INCREASE KNOWLEDGE AND PRACTICES FOR CREATING AND SUSTAINING TRAUMA-INFORMED SCHOOLS

ECHO uses videoconferencing to connect interdisciplinary teams of experts with educators, clinicians and other professional service providers. Together, they learn to develop advanced skills and best practices. The Trauma-Informed Schools ECHO uses the Missouri Model as a guide to help participants:

• **Realize** the widespread impact of trauma.
• **Recognize** the signs, symptoms and impact of trauma, as well as paths to recovery.
• **Respond** by integrating knowledge into practice, using the Missouri Model as a guide.
• **Resist** re-traumatizing individuals.

HOW DOES IT WORK?

Participants will join an interactive online video conference twice per month. They will share and discuss cases related to such topics as: self-care practices, adverse childhood experiences, assessment methods, brain-based research, brain development, classroom strategies, discipline, wellness, equity as it relates to trauma-informed schools, funding issues, community outreach, collaborating with school system colleagues, evaluation and action planning.

WHAT DOES THIS ECHO OFFER?

• No cost continuing education for professionals
• Collaboration, support and ongoing learning with specialist educators and other experts
• Students get better care in their community
• No cost to participating sites or individuals

READY TO JOIN?
Visit showmeeecho.org

Missouri Telehealth Network
University of Missouri Health
TOPICS FOR CASE-BASED LEARNING AND DISCUSSION:

• Self-Care
• ACEs and Pair of ACEs
• Assessment
• Brain-Based Research
• Brain Development
• Classroom Strategies
• Discipline
• Wellness
• Equity
• Funding
• Community Outreach
• Collaborating With Colleagues
• Evaluation
• Action Planning

WHAT IS SHOW-ME ECHO?

Show-Me ECHO at the University of Missouri is designated as an international SuperHub, meaning the founding ECHO program at the University of New Mexico has certified MU to train other organizations that want to adopt the ECHO model.

In addition to trauma-informed schools, Show-Me ECHO has addressed such pressing educational and health issues as Head Start, asthma, autism, opioid use, developmental disabilities, HIV, Hepatitis C, genetics, kidney disease, diabetes, oral health, neonatal abstinence syndrome, high-risk obstetrics, hypertension, and rural veterans behavioral health.

TO LEARN MORE:
Missouri Telehealth Network
(877) 882-9933
showmeecho@health.missouri.edu • showmeecho.org