

SHOW-ME ECHO

(Extension for Community Healthcare Outcomes)

SEMO DIABETES



IMPROVING HEALTH OUTCOMES FOR PEOPLE WITH DIABETES IN SOUTHEAST MISSOURI (SEMO)

ECHO uses videoconferencing to connect an interdisciplinary team of experts with primary care providers. They collaborate in interactive case-based learning sessions to help primary care providers develop advanced skills and best practices. The SEMO Diabetes ECHO will help primary care providers improve:

- Quality and capacity-building skills, education and awareness of the whole care team
- Partnerships among non-traditional community members
- Access to regional and community resources



READY TO JOIN?
Visit showmeecho.org

HOW DOES IT WORK?

Participants will join an interactive online video conference from 12 to 1 p.m. the first and third Tuesdays of the month. They will share and discuss clinical cases related to such topics as: insulin treatment plans, individualized goals for self-management, oral agent algorithms, continuous glucose monitors, adolescent hyperglycemia, access to medications, lifestyle modifications, depression, cardiovascular risk reduction, neuropathy and quality improvement.

WHAT DOES THIS ECHO OFFER?

- No cost CME for health care professionals
- Collaboration, support and ongoing learning with specialist physicians and other experts
- Patients get better care in their community
- No cost to participating sites or individuals



Missouri Telehealth Network

University of Missouri Health

TOPICS FOR CASE-BASED LEARNING AND DISCUSSION:

- Intro to SEMO Diabetes ECHO
- Treatment Plan for Insulin
- Oral Agents Algorithm
- Access to Medications and Supplies
- Do I Really Have to Stick My Finger: Individualized Goals
- Continuous Glucose Monitors
- Lifestyle Modifications
- Adolescent Hyperglycemia
- Depression
- Cardiovascular Risk Reduction
- Neuropathy
- Quality Improvement
- American Diabetes Association Guidelines

WHAT IS SHOW-ME ECHO?

Show-Me ECHO at the University of Missouri is designated as an international SuperHub, meaning the founding ECHO program at the University of New Mexico has certified MU to train other organizations that want to adopt the ECHO model.

In addition to diabetes, Show-Me ECHO has addressed such pressing health issues as asthma, autism, pain management, opioid use, developmental disabilities, hepatitis C, genetics, kidney disease, hypertension, HIV, oral health, high-risk obstetrics, neonatal abstinence syndrome and rural veterans behavioral health.

MEET OUR TEAM



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Steven Douglas, MD
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Terrico Johnson, BSW
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Missouri Regional
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Cynthia Dean, BS
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Rachelle Johnson, RD, LD, CDE
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