SHOW-ME ECHO
(Extension for Community Healthcare Outcomes)

KIDNEY DISEASE
Prediction, Prevention, Protection

EMPOWERING CARE TEAMS TO IMPROVE UNDERSTANDING, AWARENESS AND ENGAGEMENT

ECHO uses videoconferencing to connect an interdisciplinary team of experts with primary care providers. They collaborate in interactive case-based learning sessions to help primary care providers develop advanced skills and best practices. The Kidney Disease ECHO will help primary care providers improve:

• Chronic kidney disease (CKD) detection.
• Co-management of CKD with diabetes and hypertension through best practices.
• Understanding of cardiovascular morbidity and mortality.
• Management of complex CKD patients.

HOW DOES IT WORK?

Participants will join an interactive online video conference twice per month. They will share and discuss clinical cases related to such topics as: diagnosis, prediction and prevention of cardiovascular risk; diabetes management; non-pharmaceutical treatment of hypertension; medication management of CKD; low sodium diets; empowering patients through self-management; management of edema and anemia; co-management of CKD patients; and when to refer to a nephrologist.

WHAT DOES THIS ECHO OFFER?

• No cost continuing education for health care professionals
• Collaboration, support and ongoing learning with specialist physicians and other experts
• Patients get better care in their community
• No cost to participating sites or individuals

READY TO JOIN?
Visit showmeecho.org

Missouri Telehealth Network
University of Missouri
TO MEET OUR TEAM

Missouri Telehealth Network
(877) 882-9933
showmeecho@health.missouri.edu • showmeecho.org

TOPICS FOR CASE-BASED LEARNING AND DISCUSSION:

- Screening Diagnosis and Risk Stratification
- Avoiding Insult to Injuries
- Diabetes Management in CKD (Pitfalls)
- Non-Pharmaceutical Treatment of HTN (Diet, Exercise, Smoking Cessation)
- Pharmaceutical Rx of Refracting HTN
- Medication Management of CKD
- Empower CKD Patients Through Self-Management
- Low Sodium Diet
- Edema Management
- CKD-MBD Management
- Anemia Management
- Prognosticating CKD Progression Using Risk Equation
- When to Refer CKD Patients to the Nephrologist
- Co-management of CKD

WHAT IS SHOW-ME ECHO?

Show-Me ECHO at the University of Missouri is designated as an international SuperHub, meaning the founding ECHO program at the University of New Mexico has certified MU to train other organizations that want to adopt the ECHO model.

In addition to kidney disease, Show-Me ECHO addresses such pressing health issues as asthma, autism, opioid use, HIV, Hepatitis C, pain management, genetics, hypertension, diabetes, oral health, developmental disabilities, high-risk obstetrics, COVID-19 and neonatal abstinence syndrome.

Missouri Kidney Program
University of Missouri