

SHOW-ME ECHO

(Extension for Community Healthcare Outcomes)

KIDNEY DISEASE Prediction, Prevention, Protection



EMPOWERING CARE TEAMS TO IMPROVE UNDERSTANDING, AWARENESS AND ENGAGEMENT

ECHO uses videoconferencing to connect an interdisciplinary team of experts with primary care providers. They collaborate in interactive case-based learning sessions to help primary care providers develop advanced skills and best practices. The Kidney Disease ECHO will help primary care providers improve:

- Chronic kidney disease (CKD) detection.
- Co-management of CKD with diabetes and hypertension through best practices.
- Understanding of cardiovascular morbidity and mortality.
- Management of complex CKD patients.



READY TO JOIN?
Visit showmeecho.org

HOW DOES IT WORK?

Participants will join an interactive online video conference twice per month. They will share and discuss clinical cases related to such topics as: diagnosis, prediction and prevention of cardiovascular risk; diabetes management; non-pharmaceutical treatment of hypertension; medication management of CKD; low sodium diets; empowering patients through self-management; management of edema and anemia; co-management of CKD patients; and when to refer to a nephrologist.

WHAT DOES THIS ECHO OFFER?

- No cost continuing education for health care professionals
- Collaboration, support and ongoing learning with specialist physicians and other experts
- Patients get better care in their community
- No cost to participating sites or individuals



Missouri Telehealth Network

University of Missouri

TOPICS FOR CASE-BASED LEARNING AND DISCUSSION:

- Do We Have CKD in Missouri? See the Data!
- COVID and its Long-Term Effects on Kidneys
- The Critical Role of Primary Care in Diagnosing CKD
- Approaching Kidney Disease Through the Race and Ethnic Prism
- When to Refer Patients to a Nephrologist
- Dining Out and Eating Wisely During the Holidays
- Do's and Don'ts of Medication Management in CKD
- Diabetic Kidney Disease: Diagnosis and General Guidelines for Management
- What's New in Diabetes and CKD
- Food as Medicine: How Do I Make it Work With Diabetes and Kidney Disease?
- Management of Persistent Hypertension
- Edema
- Portion Control, Cooking and Shopping
- First, Do No Harm: Preventing AKI
- Patient Advocacy and Engagement
- Care Coordination is a Verb Not a Noun
- Kidney Transplantation for PCPs
- Collaborative with Virginia Kidney ECHO

WHAT IS SHOW-ME ECHO?

Show-Me ECHO at the University of Missouri is designated as an international SuperHub, meaning the founding ECHO program at the University of New Mexico has certified MU to train organizations that want to adopt the ECHO model. In addition to kidney disease, MU offers more than 25 other ECHOS on a wide range of health issues. Show-Me ECHO participants come from more than 100 counties and 780 organizations in Missouri.



MEET OUR TEAM



Cate Rudder, PharmD
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Kilgore's Medical Pharmacy



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Nephrologist
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Patient Advocate



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Diabetes Educator
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Lisa Miller Schinke MBA, RDN, CSR, LD
Dietitian
Fresenius Kidney Care



Elizabeth Montgomery
Vice President of Learning Strategies and Primary Care Programs
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Transplant Nurse
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TO LEARN MORE:

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