

SHOW-ME ECHO

(Extension for Community Healthcare Outcomes)

DIABETES



IMPROVING HEALTH OUTCOMES FOR PEOPLE WITH DIABETES

ECHO uses videoconferencing to connect an interdisciplinary team of experts with primary care providers. They collaborate in interactive case-based learning sessions to help primary care providers develop advanced skills and best practices. The Diabetes ECHO will help primary care providers improve:

- Quality and capacity-building skills, education and awareness of the whole care team
- Partnerships among non-traditional community members
- Access to regional and community resources
- Awareness of social determinants and the impact of diabetes



READY TO JOIN?
Visit showmeecho.org

HOW DOES IT WORK?

Participants will join an interactive online video conference from 12 to 1 p.m. the first and third Tuesdays of the month. They will share and discuss clinical cases related to such topics as: diabetes and COVID-19, managing diabetes during the holidays, managing diabetes for school-age children, depression, diabetes and kidney disease, insulin treatment plans, access to medicine and supplies, self-monitoring glucose, neuropathy and lifestyle modifications.

WHAT DOES THIS ECHO OFFER?

- No cost CME for health care professionals
- Collaboration, support and ongoing learning with specialist physicians and other experts
- Patients get better care in their community
- No cost to participating sites or individuals



Missouri Telehealth Network
University of Missouri Health

TOPICS FOR CASE-BASED LEARNING AND DISCUSSION:

- Foot Wound Management
- Diabetes in School-Age Children
- Diabetes and Kidney Disease
- Non-Insulin Diabetes Medication
- Update on Insulins
- Managing Diabetes Around the Holidays
- Motivation for Change
- Fad Diets
- Joint Session With Hypertension ECHO:
Healthy Cooking
- Continuous Glucose Monitors
- Cardiovascular Risk Reduction
- Preserving Eye Sight
- Neuropathy Pain Management
- Insulin Pumps
- Education for Newly Diagnosed Patients
- Community Self-Management Resources
- Beyond Type 1 and Type 2 Diabetes

WHAT IS SHOW-ME ECHO?

Show-Me ECHO at the University of Missouri is designated as an international SuperHub, meaning the founding ECHO program at the University of New Mexico has certified MU to train organizations that want to adopt the ECHO model. In addition to diabetes, MU offers more than 30 other ECHOS on a wide range of health issues. Show-Me ECHO participants come from more than 100 counties and 780 organizations in Missouri.

MEET OUR TEAM



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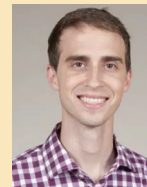
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