

SHOW-ME ECHO

EXTENSION FOR COMMUNITY HEALTHCARE OUTCOMES

Mothers, Infants, & NAS



IMPROVING OUTCOMES FOR MOTHERS & INFANTS AFFECTED BY SUBSTANCE USE DISORDER, ESPECIALLY OPIOIDS

University of Missouri's telehealth network and the Missouri Hospital Association have created a Mothers, Infants & NAS (Neonatal Abstinence Syndrome) ECHO. Participants will learn about evidence-based practices, collaboration, innovation and enhanced support systems. An interdisciplinary team of experts will help providers develop advanced skills and best practices that improve health care access, quality and efficiency. Interactive, online sessions occur **every 1st and 3rd Thursday of the month, from 12 to 1 p.m.**

TOPICS FOR LEARNING AND DISCUSSION:

- Addiction as a Disease
- Myth Busters: Confronting Stigma and Bias
- Recognizing NAS/NOWS
- Promoting Environments for Patient Care
- Maternal Screening Tools
- Functional Assessment of NAS introducing ESC
- Education for Moms and Families: Mom is the Treatment
- Non-Pharmacologic Bundle
- Breastfeeding/Feeding
- Mothers Self-Care Moving Forward: Plan for Discharge
- Treating Maternal Pain and Withdrawal
- Pharmacological Treatment using ESC
- Resource Mapping
- Social Worker Bundle

WHAT DOES THIS ECHO OFFER?

- FREE continuing education credits
- Ongoing collaboration from specialists and experts in Missouri
- NO COST to participation sites or individuals



MEET OUR HUB TEAM

Kimberly Spence, MD

Neonatologist

Saint Louis University School of Medicine

Misty Allen

Children's Division Department of Social Services

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Social Worker

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